



Laser Light for Hair Rejuvenation

By Neeta Mitroo, MD & J B Mitroo, MIE

Hair Re-Growth – for Men and Women: Probably the most common factor that makes us look older is hair loss. Whereas many “magical” solutions have been advertised from time to time, only a few, like hair transplants, really work. However, the cost of a proper hair transplant may be cost prohibitive. Sitara has created their own unique treatment for painless hair re-growth, for both men and women, by blending two medical technologies; cool-laser and meso-intraderma-therapy.



Did You Know?

Male-pattern baldness (also known as Androgenetic Alopecia) is the most common form of hair loss in men, representing 93% of all male cases.

50% of all men will be affected by some degree of hair loss by the time they reach 48.

There are nearly 46 million women who are experiencing some level of hair loss.

5 out of 10 women will be affected by hair loss some time in their life.

What is Laser Hair Rejuvenation Therapy?

Laser hair rejuvenation is a “NEW” non-surgical scientific approach to treating hair loss, thinning hair, baldness and problems associated with the scalp. Hair rejuvenation is a medically tested effective and proven method using low level laser energy or “soft” laser light to effectively treat and control problem hair loss.

The laser hair rejuvenation, non-surgical treatments, utilize a device containing therapeutic low level lasers developed in Europe for the treatment of hair loss and diseases of the scalp. The treatment delivers light energy directly from secured laser position designed to increase the blood flow to the scalp. The laser functions on the same scientific principal of that of photo biotherapy, where the laser light stimulates cell metabolism and causes damaged cells to be repaired. This breakthrough technology has recently been featured on national newscasts across the USA. Physicians are praising this technology as an effective treatment to combat hair loss.

As we know, there are spas and day spas almost everywhere in greater Ft. Lauderdale area and there are many med, or medi spas. However, hardly any of these have addressed this wide spread problem of hair loss for men and women. It is encouraging to see that Dr. Neeta Mitroo, MD, at Sitara Medi Spa, has created separate treatment plans for men and women, to not only arrest hair loss, but also for actual re-growth. The results are quite startling, judging from the before and after pictures. In some treatments, Dr. Mitroo blends procedures of another medical technology known as meso-intraderma-therapy.

What is Meso-intraderma-therapy?

It is medical procedure by which medications, or a blend of medication and rejuvenating ingredients, are delivered just under the top layer of skin. Developed by a French physician, Dr. Michael Pistor, the procedure has been effectively used for skin rejuvenation, fat and cellulite reduction from targeted body areas but it is also used by a very few trained physicians to re-grow human hair.

When can you Expect Results?

In most cases, noticeable improve is seen in the first four to six months of treatment. If you have a high rate of hair loss it is possible that you may see a reduced rate after only a few treatments. Of course results will vary with each individual and strict adherence to the recommended protocol is required to get the best results.

If you are concerned about your looks due to hair loss, then look to Sitara Medi Spa and be prepared to look much younger, not only by having your hair re-grow, but also by treating yourself a host of other treatments. Call Sitara Medi Spa at 954-343-4009.