

CENTER FOR WELLNESS

BALANCE RELAX HEAL REFRESH RENEW

A Synergy of Wellness & Beauty

We offer:

- LOW INTENSITY LIGHT THERAPY FOR ACUTE AND CHRONIC INJURIES
- WELLNESS MASSAGE: NEUROMUSCULAR, SWEDISH, SPORTS, DEEP TISSUE, STRETCHING, TRIGGER POINT THERAPY TO SUIT YOUR NEEDS
- FACIALS: CUSTOM AYURVEDIC, MINI, BACK, PRO-YOUTH, ACNE, SENSITIVE, HYDRATING.
- THREADING AND EYEBROW SHAPING
- PARAFFIN FOR FACE, HANDS AND FEET
- AQUA DETOX™ NATURAL FOOTBATH FOR RE-BALANCING AND RE-ENERGIZING THE BODY
- YOGA THERAPY
- QI GONG

*Please join us for our **OPEN HOUSE** at the Center for Wellness on **Saturday, February 13, 2010** to celebrate the Chinese New Year. Our therapists and guest speakers will provide tips on how to enhance harmony and prosperity in your home, teach you about healthy ways to stretch and strengthen your body, and inspire you to try food healing. Please ring 954-491-3103 for further information on how to register for this event.*

OPEN MONDAY – FRIDAY 9:00AM TO 6:00PM

GIFT CERTIFICATES AVAILABLE!

**EVENING AND SATURDAY BY
APPOINTMENT ONLY**

CLOSED SUNDAY



**4342 E. TRADEWINDS AVENUE
LAUDERDALE-BY-THE-SEA
(954) 491-3103**

**WWW.WELLNESSFLORIDA.COM
INFO@WELLNESSFLORIDA.COM**